



KAISER PERMANENTE
Staff Education & Development
Southern California



Program: 1st Annual Perinatal Bereavement Conference

Date: August 9, 2018

Location: Fete' The Venue
3101 Red Hill Ave, Costa Mesa, CA 92626

- **CE Credit:** RN- Approved by Board of Registered Nursing. Issued by Kaiser Permanente
 - CEP # 175 for 7.7 contact hours
 - Issued By Kaiser Permanente
 - Course Completion Certificates will be issued at the end of the event if all requirements have been met.

- **CE Credit:** LMFTs/LCSWs/LPCCs/LEPs- Issued by Pac/Lac
 - CE Provider #128542 for 5 hours
 - Perinatal Advisory Council: Leadership, Advocacy, and Consultation (PAC/LAC) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. CE provider #128542. PAC/LAC maintains responsibility for the program/course and its content. Course meets the qualifications for 5 hours of continuing education credits for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.
 - Course Completion Certificates will be emailed within 60 days after course.
 - **Parent Panel is not included/approved in the CE hours.

Fee: \$100 before July 27
\$125 after July 27

Cancellation Policy: No refunds/no cancelations; rain or shine event.

Grievance Policy: If you have any grievances, please email info@foreverfootprints.org within 60 days of the Parental Bereavement Conference.

Requesting Accommodations For Disability:

Prior to the event: Please email info@foreverfootprints.org or call 714-509-0065 to request accommodations.

At the event: Please see the registration desk to request accommodations.

Register Online:

<https://foreverfootprints.redpodium.com/perinatal-bereavement-conference>

General questions: info@foreverfootprints.org

Agenda & Description:

8am-8:45 Sign in & Breakfast

9:00-10:30am

Dr Bill Hoy, PHD, Speaker, Author, Clinical Professor of medical humanities in the College of Arts & Sciences at Baylor University (Part 1)

10:50-12:00pm

Dr Bill Hoy, PHD, Part 2

Objectives: At the conclusion of this 160-minute session, participants will be able to:

- 1) Describe the biopsychosocial-spiritual challenges of perinatal bereavement
- 2) Utilize the “compass model” in understanding bereavement
- 3) Describe evidence-based practices in perinatal bereavement follow-up care
- 4) Apply specific caregiving skills in providing effective care to individuals, families, and communities

12-12:30pm Lunch/Break

12:30-2:00pm

Parent Panel:

By the conclusion of this educational session, the learner will be able to:

- 1) Describe the inpatient and outpatient experiences represented bereaved parent
- 2) Identify positive behaviors in assisting grieving parents
- 3) Identify negative behaviors in assisting grieving parents

2:15-3:30pm

Jasmine Adams, LCSW, Private Practice:

Topic: Mental Health Wellness- The Journey of Perinatal Loss Trauma

By the conclusion of this educational session, the learner will be able to:

- 1) Define Perinatal Loss Trauma
- 2) Discuss the difference between Grief and Complicated Grief
- 3) Identify 3 symptoms of PTSD and how associated to Perinatal Loss Trauma
- 4) Demonstrate 3 similarities between Grief, Clinical Depression, PTSD, and Post-Partum Mood Disorders.
- 5) Identify 2 differences between Grief, Clinical Depression, PTSD, and Post-Partum Mood Disorders.
- 6) Discuss grief roller coaster and identify 3 ways to support.

3:30-4:30pm

Jana McCarthy, nurse, childbirth educator, lactation consultant, basic life support instructor, Kaiser Permanente Education Development and Learning Consultant

Topic: Compassion Fatigue & Self Care

By the conclusion of this educational session, the learner will be able to:

- 1) Define compassion fatigue.
 - 2) Define 3 causes of compassion fatigue.
 - 3) Discuss symptoms of compassion fatigue.
- Demonstrate 3 self-care strategies for prevention or amelioration of compassion fatigue.